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### PARENT NOTIFICATION REGARDING THE USE OF RESTRAINT

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Due to prior dangerous or potentially-dangerous behaviors exhibited by your child, it is anticipated that physical restraint and/or seclusion might be used in an emergency situation.

Physical restraint is the use of bodily physical force to involuntarily limit an individual's freedom of movement, and it typically involves some type of "hold." A hold used to protect a child or others from harm that lasts less than five minutes is not a restraint. Seclusion is the placement of a student alone in a room from which egress is prevented. The specific restraint procedures and circumstances in which restraint may be used are outlined in your child's Behavior Intervention Plan included in the Individualized Educational Plan (IEP).

If there is a need to use restraint:

1. It will only be used as a means to protect your child or others from a serious, probable, and imminent threat of bodily injury to self-and/or others.
2. It will only be used after less restrictive alternatives have failed or if it is determined that such alternatives would be ineffective under the circumstances.
3. It will be administered only by staff who have received appropriate training. The staff who may be involved in administering restraint are identified (by title) in your child's Behavior Intervention Plan of the IEP.
4. Staff will continuously monitor your child's physical safety during any use of restraint, and opportunities to have the restraint removed will be provided if the child indicates a willingness to cease the violent or dangerous behavior, and every effort will be made to assist the child to regain self-control.
5. In all cases, restraint will be removed when it is determined that it is no longer necessary to protect the student or others. When isolated time out is no longer necessary, staff will reintegrate the student or clearly communicate to the student that he/she is free to leave the area used for isolated time out.
6. A review process will be conducted for each incident of restraint. As part of this process, the director or principal will verbally notify you as soon as possible, but no later than the end of the school day if restraint has been used. Additionally, a written report will be mailed, e-mailed or faxed to you within one (1) calendar days following the use of any restraint.

I acknowledge that I am the parent/guardian of the student identified above; that I have received a copy of my student's Behavior Intervention Plan and this notification regarding the use of restraint; that additional information regarding the use of restraint can be found in Orchard Academy's policies and procedures, and that I can contact the individual listed below with any questions or concerns.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of person explaining restraint procedures

\_\_\_\_\_  
Date